

2025 NorCal Xcel Bronze & Silver North State Gymnastics Championships

(OLDEST to YOUNGEST)

Fri, March 28	Saturday, March 29		
Sess 1 – XBronze	Sess 2 – XBronze	Sess 3 – XBronze	Sess 4 – XSilver
Open Stretch 5:00 pm March In 5:20 pm	Open Stretch 8:00 am March In 8:20 am	Open Stretch 11:15 am March In 11:35 am	Open Stretch 2:30 pm March In 2:50 pm
Age Groups Senior A-F	Age Groups Junior A-E	Age Groups Child A-E	Age Groups Senior E-J, HUGS
older 9 to 15 yrs	older 8 to younger 9	5 yrs to younger 8	older 12 to 15 yrs
Birthdate Range 1-1-09 to 6-7-15	Birthdate Range 6-8-15 to 10-25-16	Birthdate Range 10-26-16 to 12-31-19	Birthdate Range 1-1-09 to 11-3-12

Sat, March 29	Sunday, March 30		
Sess 5 – XSilver	Sess 6 – XSilver	Sess 7 – XSilver	Sess 8 – XSilver
Open Stretch 6:00 pm March In 6:20 pm	Open Stretch 8:00 am March In 8:20 am	Open Stretch 11:45 am March In 12:05 pm	Open Stretch 3:30 pm March In 3:50 pm
Age Groups Junior I-J, Senior A-D	Age Groups Junior C-H	Age Groups Child G-J, Junior A-B	Age Groups Child A-F
older 11 to younger 12	older 10 to younger 11	older 9 to younger 10	6 yrs to younger 9
Birthdate Range 11-4-12 to 10-23-13	Birthdate Range 10-24-13 to 11-19-14	Birthdate Range 11-20-14 to 9-29-15	Birthdate Range 9-30-15 to 12-31-18

Admission Prices (Parking free)				Meet Location	Hotels & Info
Doors open 4:30 Fri & 7:30 Sat/Sun	Single Sess	Per Day	Weekend	Omni Volleyball Facility (NOT Technique) 11327 Folsom Blvd #160 Rancho Cordova, CA 95742	See website TechniqueGym.com/meets
Adults (13-64)	\$20	\$30	\$50		
Kids (4-12) or Senior (65+)	\$15	\$20	\$40		
Kids 3 & under	Free	Free	Free		

Current as of 3/18/2025